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| **Wellbeing Event** |
|   |
| **Wednesday****14th January 2015****10.00am – 1.00pm**Ilkeston Library |
|   |
| * Information stalls
* Displays and activities
* Visit our Book Doctor
* Books on Prescription
* Craft workshop
* Hand massage taster sessions
* Free refreshments
* Information stalls
* Displays and activities
* Visit our Book Doctor
* Poems to lift your spirits
* Textile art workshop
* Free healthy snacks

To book a free workshop place or for more information call South Normanton Library 01629 535000* Information stalls
* Displays and activities
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| **All activities are free**for more information call Ilkeston Library 0115 9301104 |
| **www.derbyshire.gov.uk/libraries** |